



PARENTAL COMMITMENT POLICY

Version: August 2023

Synchro Saint-Laurent is a not-for-profit organization, operated by coaches and volunteer parents and former athlete members through an Executive Board. Participation by members in the Club management is crucial to the success of the club and without their efforts the Club could not operate. In order to fulfill the Synchro Saint-Laurent Parental Commitment, all families of competitive athletes are asked to become involved in all club-hosted meets that includes positions in scoring, hospitality, admissions, audio/video, etc. as well as the contribution of food items. This season Synchro Saint-Laurent is hosting l'Événement d'évaluation et de développement on the 18-19 of november, 2023. Parents will be required to complete one 3-4 hour shifts per competition during the 2023-2024 season.

Commitment requirements of Provincial stream families:

- Fulfill ONE shift of 3-4 hours during each competition weekend.
- Provide 2-3 food items for judges and volunteers. Exact contribution to be determined once the number of judges/volunteers is confirmed.
- At registration parents of Provincial Stream athletes must submit a parents name and contact information for who will be volunteering at the competition. If parents do not respect this engagement, a charge of 100\$ might be applied to your account.

Information on the exact number of shifts and food items to contribute will be communicated by email in the weeks prior to the competition. It is the responsibility of parents to follow the instructions provided and sign up to fulfill their commitment. All parents of the Club are encouraged to give as much of their time as possible in order to help the competition run smoothly. Siblings of a minimum of age 10 can also volunteer for simpler tasks.

Please note that hosting a competition greatly reduces competition fees. A competition at Saint-Laurent will cost the athlete approximately \$100 versus \$500 for the same competition in Quebec City. Without parents' contributions of food for officials and volunteering of their time we would not be able to host a competition, which will directly impact the competition fees.

Routine bathing suits

For team routine suits, we usually add extra sequins or stones to the bathing suits. As we understand that some families might not have time to bedazzle their child's bathing suit, we will have the option to get it done by someone else, at an extra cost. If you do not wish to pay for this service, you must take the responsibility for the sequining and/or stoning on your child's bathing suit, as indicated by the coach, and completed at least 2 weeks before the first competition to make sure everything has been done correctly. This is also part of the parental commitment policy.

Families are asked to confirm they have read and understood the above Parental Commitment Policy as part of the registration Google Form.